



Hoffman Center Life Enrichment Calendar ~ September 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
For any questions regarding the calendar please contact Nick, Life Enrichment Manager at extension x1447	***Please be advised, long term care residents are given priority for all outings listed on the calendar. Thank you for understanding.	10:30 Resident Council - DR 2:30 September Trivia DR 3:30 Big Ball Bowling – DR	10:30 Live Music with Ann Sparling – DR 2:00 Neighborhood Visits 3:30 Bingo! – DR	10:30 Baking Club - TR 2:30 Traveling in Virtual Reality – DR 3:30 Taste Test: Cool Whip Pies - DR	10:30 Stretches & Trivia 12:00 Lunch Outing: Portland Pie 2:30 Reading Group -Patio 3:30 Bear Paw Cookies TR	10:30 Coffee Talk & Letter Writing – DR 1:30 Neighborhood Afternoon Matinee 3:45 Word Games - DR
6	7	8	9	10	11	12
10:30 Neighborhood Spiritual Service – Shapiro/BW 2:00 Word Games-BW 3:30 Bingo! – Shapiro	10:30 News of the Day - Shapiro 2:00 World Travelogue: A to Z - Shapiro 3:30 Bingo! – DR <i>Labor Day</i>	10:30 Musical Hangman - DR 2:00 Catholic Mass – CH 3:00 Cardio Drumming- DR 3:30 Chips & Sips Social Hour - DR	10:30 The Perk – DR 11:00 Food Forum - DR 1:00 <i>Portland Wheelers!</i> 2:30 Neighborhood Scabble 3:30 Bingo! – DR	10:30 Live Music with Chris Heard! – DR 12:00 Lunch Outing: Portland Pie 2:30 Reading Group - Patio 3:30 Art Club!	10:30 Stretches & Trivia 2:00 Drive-In Movie: Fiddler on the Roof - TR <i>Rosh Hashanah</i>	10:30 Christian Singers Sing-Along – CH 1:30 Neighborhood Afternoon Matinee 3:45 Word Games-DR
13	14	15	16	17	18	19
10:30 Neighborhood Spiritual Service & Visits – Shapiro/BW 2:00 Word Games BW 3:30 Bingo! – Shapiro	10:30 News of the Day - Shapiro 2:00 World Travelogue: A to Z - Shapiro 3:30 Bingo! – DR	10:30 Live Music with Anni Clark! – DR 2:30 Letter Writing - TR 3:30 Elvis Trivia – DR	10:30 Name That Tune: Elvis Edition - DR 2:00 Neighborhood Visits 3:30 Bingo! – DR	10:30 Sing-Along – DR 2:00 1950s Trivia - DR 3:00 Live Music with <i>Elvis!</i> 5:00 Harvest Theme Dinner - DR	10:30 Presentation: Maine Day Trips - DR Order Out Lunch: McDonalds 2:30 Traveling in Virtual Reality – TR 3:30 5-Card Bingo - DR	10:30 Neighborhood Visits 12:00 Pizza and a Movie – <i>DR Only</i> 3:45 Crossword - DR
20	21	22	23	24	25	26
10:30 Neighborhood Spiritual Service & Visits – Shapiro/BW 2:00 Word Games BW 3:30 Bingo! – Shapiro	10:30 News of the Day – Shapiro 2:00 World Travelogue: A to Z - Shapiro 3:00 Yizkor Service - CH 3:30 Tabletop Bowling - DR <i>Yom Kippor</i>	10:30 Bingo! – TR 2:00 Afternoon Neighborhood Matinee 2:00 Wal-Mart Shopping Trip <i>First Day of Autumn</i>	10:30 Live Music with Bess & Per! – DR 2:30 Neighborhood Games 3:30 Bingo! DR	10:30 Neighborhood Crosswords and Donuts 2:30 Poetry Circle - Patio 3:30 Beading with Nellie - TR	10:30 Stretches & Trivia 2:30 LifeLoop Games - DR 3:30 Cedars Downs Horse Racing - DR	10:30 Coffee Talk – DR 1:30 Neighborhood Afternoon Matinee 3:45 Word Games - DR
27	28	29	30			
10:30 Neighborhood Spiritual Service & Visits – Shapiro/BW 2:00 Word Games BW 3:30 Bingo! – Shapiro	10:30 News of the Day - Shapiro 2:00 World Travelogue: A to Z - Shapiro 3:30 Bingo! – DR	10:30 Whiteboard Games - DR 2:30 Cardio Drumming - DR 3:30 Wine & Cheese Music Hour - DR	10:30 Get to Know Your Neighbor – DR 2:00 Neighborhood Visits 3:30 Bingo! – DR			

Big Ball Bowling – DR
Hot Air Balloon VR
Taste Test
Pen Pal Writing-DR
Bar Games: darts, pool? Tabletop bowling, & Flute with Adriana
Baking Club
Art Club
Reading group
Poetry circle
Tabletop Games
Tabletop bowling
Art club
Whiteboard games: Musical hangman, roll a turkey
Cedars' Downs horse racing
Balloon games
Giant kerplunk
Donuts & Crosswords
Drive-in
Baking group – Pizza muffins
Sing-Along
TimeSlips
Nerf Shooting Gallery – staff as deer
Monthly Trivia – Activity Connection
Visual Puzzles - Junk Drawer Detective – Activity Connection – Rebus Puzzles
Travelogue? Activity Connection
Charades
Reader's Theater
Bocce Ball
Corn Hole

- resident-led programs
- Current trends in senior activity programming
- History lecture recommendations or any guest speaker recommendations?
- TED Talk-style discussion groups
- Spring outing destinations
- Community service projects residents can participate in
- What brain fitness activities feel truly engaging?
- How are you incorporating mindfulness or relaxation?
- What adaptive fitness programs are working?