



Salon
&
Day Spa

Welcome

Salon Services

You'll enjoy a wide variety of salon options to meet your needs. You'll receive personal attention as our designer consults with you during a private session.

Spa Treatments

Pamper your spirit and rejuvenate your body. Unwind in style with our relaxing spa services in a peaceful sanctuary.

Massage Therapy

Allow our skilled therapist to send you into pure relaxation, stimulate circulation and bring healing therapies to your body. You'll enjoy reduced stress and reduced muscles soreness while easing mental and physical fatigue. With you doctor's orders we can assure you a blissful experience.*

Café Treats

Sit, be pampered and enjoy some scrumptious treats during your visit. Herbal teas and luscious snacks will warm your heart and soul while you enjoy peace.



**All massage services require physician's orders; please see your Care Coordinator for details.*

Salon Services



Ladies Cut & Shampoo
Shampoo & Style
Cut, Shampoo & Style
Shampoo or Dry Shampoo
Comb-out

Permanent Wave
Permanent Wave, Cut & Style

If you're looking for texture, volume, or curl, our designer will customize the perfect perm for you, leaving your hair soft and easy to style.

Permanent Color
Permanent Color, Cut & Style
Temporary Color Rinse

Color services can add dimension and body to your hair. Our designer will recommend the best color to enhance your skin tones and compliment your skin tones. Your hair will have shine, look healthier and be easier to style.

Men's Cut & Shampoo
Mens' Beard or Mustache Trim

Aromatherapy Hot Towel
Facial Treatment

Hot towel provides a soothing sensation and leaves the skin feeling supple and smooth.

Scalp Massage
With any Salon Service

Spa Treatments

Manicure

Receive a hydrating hand massage followed by the cleaning and shaping of your nails. Enjoy the color polish of your choice.

Pedicure

After a soothing foot soak, your feet will be treated to a moisturizing massage. Your nails will be shaped and polished.

Aromatherapy Paraffin Dips (Hands or Feet)

Hydrate and soften your hands or feet. Soothes sore or tight muscles and may relieve temporary discomfort caused by arthritis.

Manicure & Pedicure

Manicure & Aromatherapy Paraffin Dip

Pedicure & Aromatherapy Paraffin Dip

Polish Change

Men's Manicure

Fresh Face

A cleansing & toning facial mask is followed by soothing, warm facial massage.

Foot Soak

Submerge your feet in a luxurious soak of warm water and various soothing ingredients blended together over a bed of polished Chinese river stones. Choose from various aromatic Foot Soaks according to your mood for comfort and relaxation.

Massage Therapy

A decorative black branch with several pink cherry blossoms is positioned in the upper right corner of the page.

Upper Body Massage

Back & Shoulder (30 min.)

Developed exclusively for the back and shoulders, this massage is followed by active and passive stretching and range of motion movements.

Swedish Massage

Half Body (30 min.)

Full Body (60 min.)

Experience a massage to relax your muscles, stimulate circulation and provide overwhelming feeling of tranquility and well-being.

Aromatherapy Massage

Half Body (30 min.)

Full Body (60 min.)

A therapeutic blend of essential oils is applied with a Swedish massage technique to provide an overall calming and energizing effect on the mind and spirit.

Reflexology Massage

Half Body (30 min.)

Full Body (60 min.)

Release tension and stress through massage focused on various points located on your hands and feet. You will be cloaked in warmed mittens and socks.

A Massage at Home

You may receive any of our massage services in the privacy of your room or apartment for an additional charge of \$5. Massage times are same as above and include therapist's set-up and break-down time.

Packages

Her Sampler

Shampoo/Style, Manicure, Fresh Face

His Sampler

Cut/Shampoo, Beard or Mustache Trim, and Aromatherapy Hot Towel Facial Treatment.

Relax Princess

Luxurious treatment for total hydration and suppleness. Includes a Foot Soak, Polish Change, and Fresh Face.

Made For Mankind

This package is customized to the specific needs of our male clientele. It includes a Foot Soak, Men's Manicure and an Aromatherapy Hot Towel Facial Treatment.

Deluxe Hands and Feet

Head to toe bliss. Aromatherapy Paraffin Dip for Hands and a Foot Soak.

Just Friends

Bring a friend and enjoy any of these packages side by side. You will each receive a discount on your service.



Ask about our

Gift Certificates
and
Seasonal Specials

Aromatherapy

Aromatherapy uses beautifully scented natural essential oils known for their medicinal properties. Aromatherapy is an excellent choice for reducing stress and enhancing overall well-being. These oils can be used as body fragrance or a few drops may be added to water in a foot soak or other treatment.

Lavender This is a nice calming and balancing oil. It has great soothing qualities that help to clear the head and promote mental focus. It's good for all skin types and is made with fresh and floral scents derived from flowers.

Tea Tree This oil is an excellent antiseptic. It encourages regeneration of scar tissue and reduces swelling. It's made with spicy medicinal scents derived from branches.

Grapefruit An astringent that helps relieve muscle fatigue, stiffness and fluid retention, this oil contains fresh citrus scents derived from fresh peels.

Eucalyptus Eucalyptus helps with breathing. It is inspiring, uplifting, warming and helps to improve thinking. It consists of pungent and camphor-like scent derived from leaves.



To make an appointment
Call
(207) 221-7000

