

The Cedars
ever widening
our
circle of care

Carefree, independent living at The Atrium.
State-of-the-art healing at The Sam L. Cohen
Rehabilitation Center. Compassionate care at
The Skilled Care Center.

And now, The Cedars offers a complete circle of
care for Maine's seniors with personalized assisted
living at The Osher Inn.

An assisted living residence provides reassurance
and stability to residents by offering a seamless
transitional environment from other levels of service.
Our seniors continue to enjoy, without interruption, a
healthy and positive environment as they age—ever
surrounded by warm and
familiar faces.



The Osher Inn
at the cedars

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www.thecedarsportland.org



personalized
assisted
living



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What sets The Osher Inn apart?

INVITING ACCOMMODATIONS

Thirty spacious, light-filled private residential apartments feature:

- Choice of apartment floor plans
- Kitchenettes with refrigerator, microwave, sink and cabinets
- Cable, telephone and internet access
- Wall to wall carpeting and window treatments
- 24-hour emergency call system for additional comfort and security

From breezy screened porches to the professionally landscaped grounds, every detail of The Osher Inn was designed with residents in mind.

- Traditional New England, Kosher and heart-healthy cuisine in the spacious Dining Room
- Specially designed common areas like the Fitness Center, Community Center and Recreation Room
- Comfortable Study with computer, Lounge and Whirlpool Spa
- Scheduled transportation provided to appointments, shopping and events

SUPPORT AND HEALTH SERVICES

The Cedars has been celebrated for over 75 years as greater Portland's premier senior living community. The Osher Inn benefits from our experience and expertise. Licensed and professional staff work with residents and families to create a Personalized Wellness Plan, tailored to each resident's needs and preferences. From assistance with bathing, dressing and grooming to managing medication regimens, our staff provides just the right level of support. Residents will have immediate consideration for access to The Skilled Care Center and The Sam L. Cohen Rehabilitation Center should it ever be necessary.

LIFE ENRICHMENT AND WELLNESS

A holistic approach to wellness is a hallmark of The Cedars. Staying active in the community is easy from our residential location, close to all downtown Portland has to offer. Residents of The Osher Inn can book a range of therapeutic and beauty treatments at The Salon & Day Spa; take Tai Chi; tend the community garden; relax in the Whirlpool Spa; attend religious services; get involved with Resident Council meetings; take in concerts, lectures and performances and much, much more.

CALL (207) 221-7150 TODAY.

personalized

