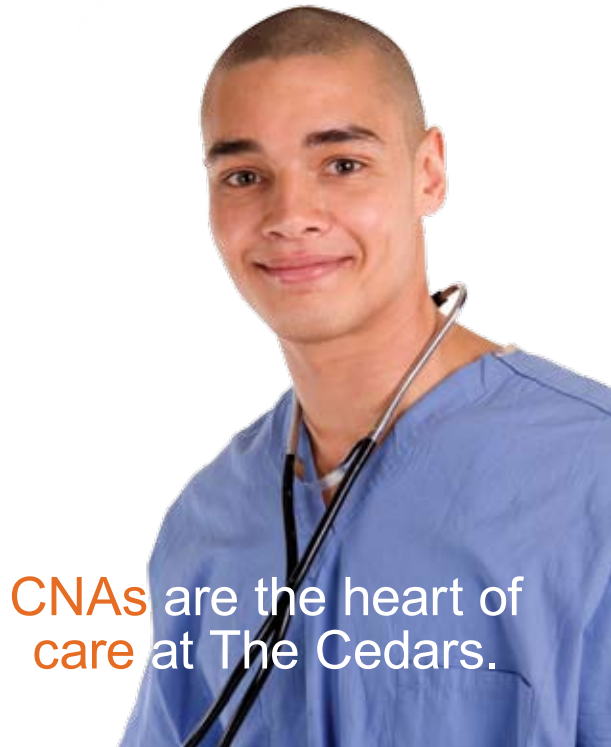


What is a CNA?

Certified Nursing Assistants (CNAs) provide the routine treatment and care of sick, disabled and terminally ill patients. Under the supervision of Registered Nurses, CNAs monitor and measure vital signs, give bed baths and back rubs, make up hospital beds and transport patients between meals, activities and appointments.

As a CNA, you encourage healing, ease discomfort, offer kindness and warmth and truly touch the lives of your patients during a painful and vulnerable time. You will go home after each shift knowing your skills and compassion made all the difference.



CNAs are the heart of care at The Cedars.

Be an essential part of a community of caring.

Become a
**Certified
Nursing
Assistant**
at The Cedars.



With a rich heritage of caring and innovative insight on aging, The Cedars offers several living options in a dynamic community of warm and welcoming neighbors and staff. The Cedars is a mission driven, not-for-profit organization providing services people need, when they need them, in the place they call home.

630 Ocean Avenue, Portland Maine 04103
telephone (207) 221-7000 fax (207) 874-2419
www.thecedarsportland.org



Start your health care career in three easy steps!

1. Apply and interview.

The Cedars will review applications, interview interested candidates and accept a limited number of students. These students will agree to work at The Cedars 32 to 40 hours per week for at least twelve months.*

2. Take the 12-week evening course.

Our unique partnership with Southern Maine Community College has allowed us to provide the necessary training at a convenient time for career-changers, parents and recent graduates. Accepted students complete theory and lab coursework in SMCC classrooms and complete their clinical training at The Cedars—a wonderful opportunity to gain experience with your job responsibilities and get to know your coworkers.

3. Pass the exam.

Our graduates consistently pass with flying colors—you will be well-prepared and ready to start your health care career.

** Failing to meet that expectation requires students to repay the cost of the course.*

Great work and benefits ... right from the start.

Starting a new career doesn't mean starting at the bottom. At The Cedars, we start you at the top. Upon hiring, your benefits include:

- 2 weeks vacation, 10 holidays, 6 personal/sick days and paid 30-minute lunch
- 70% paid health and dental insurance for you and your family
- 100% paid life and long-term disability insurance for you
- 401-K with generous company match
- Fun staff appreciation events like casual dress days, summer BBQs with staff and residents, educational opportunities and more
- Call-in pay for weekend shifts Call-in pay for weekdays in addition to your base hourly wage.
- Our peer mentoring program will help you succeed!

Earn while you learn!

Need to work while taking the class? We may be able to help. Let us know your needs—we often have Unit Aide positions with flexible schedules that help you balance your home responsibilities with school.

Interested?

**Human Resources Office
The Cedars**

630 Ocean Avenue, Portland Maine 04103
tel (207) 221-7000 | fax (207) 874-2419
employment@thecedarsportland.org

